

WELLNESS WITH REIKI -- LEVEL I

Experience harmony in your life through the gentle and relaxing practice of Reiki. Learn this hands-on healing technique that promotes a sense of peace and well-being. Reiki is a gentle yet powerful way to reduce stress, which can lead to improved physical health and attitudinal wellness. In this workshop, you will learn self-Reiki techniques as well as the process of sharing Reiki with family and friends. History of Reiki, principles, attunements, treatment protocols and more are included in this workshop. *Certificates will be awarded to all participants.*

Date and Time: Saturday, March 13, 2010; 9 am - 5 pm

Location: Path of Harmony, Sugar Hill, NH

Instructor: Mary Sturtevant, M. Ed., certified Reiki Master, teacher of Reiki for over 17 years

*Tuition: \$150

Info: call 603-823-8780 or email peace@pathofharmony.com.

*Discount available for Hospice volunteers, seniors, and WREN members.

*****PRE-REGISTRATION REQUIRED BY Friday, March 5, 2010*****

Workshop registration form

Wellness with Reiki -- Level I

Name _____ Date _____
(As you want it to appear on your certificate)

Address _____ Email _____

City _____ State _____ Zip _____ Phone _____

**Please submit one-half of the workshop tuition with your registration form.
Balance of tuition is due the day of the workshop.**

***Please make check payable to: Mary Sturtevant and mail to 637 Hadley Rd.,
Sugar Hill, NH 03586. Thank you.***